



# The T List: Five Things We Recommend This Week

A tote to feel good about — and more.

April 30, 2020

Welcome to the T List, a newsletter from the editors of T Magazine. Each week, we're sharing things we're eating, wearing, listening to or coveting now. **Sign up here to find us in your inbox every Wednesday.** You can always reach us at [tlist@nytimes.com](mailto:tlist@nytimes.com).

TRY THIS

## Take It Easier on Your Skin



From left: Moon Juice's Milk Cleanse, \$32, [sephora.com](https://www.sephora.com). Holifrog's Tashmoo Water Lily Nourishing Milky Wash, \$38, [dermstore.com](https://www.dermstore.com). Ranavat's Luminous Ceremony Cream Cleanser, \$42, [thedetoxmarket.com](https://www.thedetoxmarket.com). Milk Makeup's Vegan Milk Cleanser, \$30, [sephora.com](https://www.sephora.com). Courtesy of the brands

By Caitie Kelly

Being inside all day long in climate-controlled air can dry out skin, but I've found that starting my beauty routine with a gentle, milky cleanser has helped my face maintain moisture. Emily Parr, the co-founder of the New York-based face-wash brand Holifrog, recommends using a mild product in the morning, in particular. "Since you've been sleeping all night, your skin doesn't need heavy lifting," she told me. Holifrog's Tashmoo Water Lily Nourishing Milky Wash contains water lily root and lotus flower, both said to lock in moisture, as well as soothing aloe vera. There's also Milk Makeup's Vegan Milk Cleanser, which counts on an innovative blend of water-retaining ingredients like jojoba, baobab and Kalahari melon — plants that naturally grow in arid climates — and lathers to help remove impurities or light makeup. For irritated skin, Milk Cleanse from the wellness brand Moon Juice contains reishi mushroom, which is thought to minimize skin's water loss, and tocotrienols, a form of antioxidant-rich vitamin E that protects against oxidative stress or an imbalance of free radicals and antioxidants. For a deeper clean, the Luminous Ceremony Cream Cleanser from the Ayurvedic skin-care brand Ranavat contains Manjistha, a superfood in the coffee family known for its detoxifying properties, and can be removed with a warm muslin cloth for slight exfoliation.

READ THIS

**A Look Back at Simpler, Albeit Psychedelic, Times**

Members of the Cockettes outside their house on San Francisco's Haight Street in 1971. Mary Ellen Mark

**By Betsy Horan**

“We began, we did it fully, and then it ended,” the author Fayette Hauser told me of her three years in the high-drag performance troupe the Cockettes. Before the late 1960s, drag was largely kept under wraps outside of the gay community, but the Cockettes, already fully indoctrinated in the acid-fueled energy of the San Francisco neighborhood Haight-Ashbury, became, as Hauser said, “pioneers in breaking through the boundaries of social hang-ups, especially in the gender department.” Hauser’s new book, “The Cockettes: Acid Drag & Sexual Anarchy, 1969-1972,” is a comprehensive look at this countercultural commune of artists turned performers. Led by George Harris III — the group’s charismatic shaman better known as Hibiscus — the Cockettes transformed their love of glitter, fashion spectacle and musical theater into a performance series called “The Nocturnal Dream Show,” which unfolded between the midnight movies at the Palace Theater. These improvised (and drug-induced) satirical shows, inspired by Broadway and 1930s Hollywood, made the Cockettes instant media darlings feted by the likes of Truman Capote and Rex Reed. Their cult status and gender-bending legacy is well-preserved in Hauser’s visual trove, which includes mini-profiles of each troupe member, images of assorted ephemera and portraits of the group by Peter Hujar and Mary Ellen Mark, Bud Lee and Hauser herself. Some of the best photos provide a glimpse at everyday life inside the psychedelic Cockette House. Who doesn’t love full drag in the kitchen? \$39, [bookshop.org](https://bookshop.org).

BUY THIS

**A Tote to Feel Good About**





Courtesy of Goodee



By Caitlin Agnew

Functional, exquisitely made handbags are a specialty of Byron and Dexter Peart, the Montreal-based twins who co-founded the accessories-focused fashion brand Want Les Essentiels in 2007 (they sold their shares in 2017). Last year, inspired by a trip they took to West Africa as part of the United Nations' Ethical Fashion Initiative, which connects artisans in developing regions to international fashion brands, the brothers launched Goodee, an online marketplace for ethically made clothing and home goods. And this week, they present the company's first handbag, the Bassi Market Tote, which embodies their commitment to both timeless design and socially conscious practices. The simple rectangular style is made using cotton fabric hand-woven by artisans working in social cooperatives in the Ouagadougou region of Burkina Faso and is available in four striped color combinations ranging from black and white to a vivid pink and orange. Plus, the bags are produced in Northern Italy by the ethical fashion company Cartiera, which offers gainful employment and training to immigrants and asylum seekers. "We wanted to make the greatest impact through a product that really serves anyone who sees something special in its beauty, design and purpose," Byron told me. \$199, [goodeeworld.com](https://www.goodeeworld.com).

EAT THIS

## A Salty, Sustainable Snack



Courtesy of Goodfish



By Samantha Andriano

I love all things salmon: baked salmon, smoked salmon, salmon roe — I even wholeheartedly enjoy taking fish-oil supplements, knowing that I may benefit in some way from the omega-3s. And so, when I heard about Goodfish, a new brand making snacks from the skin of sustainably caught Wild Alaskan Sockeye, I had to try it. By drying and then flash-frying the skins — which are rich in fatty acids, protein and marine collagen but typically discarded when the fish is processed — the company hopes to offer a healthy alternative to chips. Available in four different flavors (sea salt, barbecue, chile-and-lime and a tangy cranberry), the light and crunchy snack, versions of which are already popular in Asia, can be eaten on the go or sprinkled on top of salads. The brand's creators, Justin Guilbert and Douglas Riboud, who also founded the ethically sourced coconut water company Harmless Harvest in 2009, launched Goodfish with the intention of improving not only how we eat but the way we source and consume seafood. It's an industry, says Guilbert, that "could benefit from progressive practices — from improving its environmental impact, wildlife management and social practices and protecting its ecosystem — in a radical way." \$2.99 per bag, [goodfish.com](https://www.goodfish.com).

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SEE THIS

**Jeremy Anderson's Digital-Only Ceramics Show**





Eric Petschek

**By Kurt Soller**

Just as New York was grinding to a halt last month, Jeremy Anderson (who co-founded the lighting and design firm Apparatus with his husband, Gabriel Hendifar) was launching the debut show to celebrate his ceramic practice, which he'll focus on in the years to come. Called "The Piccolo Parade," the exhibition was named after a set of 34 striped, textured, vaselike *objets* of varying heights; when viewed together, they resemble a troupe of playfully appealing creatures from a Maurice Sendak illustration. This effect will now be resurrected in Anderson's new "virtual viewing room," a slate gray gallery within the Apparatus office in midtown Manhattan, with walls that mimic his pottery's mix of arcs and clean lines, which can be toured online starting today. It's a small, clever reminder that the world must go on, somehow, even if it will look and function much differently than before. "These *piccolos* are my friends, and they have long kept me company," Anderson wrote in an email. "In that same spirit, I'd like to share them with you." [jeremy-anderson.com](http://jeremy-anderson.com).

FROM T'S INSTAGRAM


**Revisiting the Posy**

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Flowers, of course, have a long and wide-ranging symbolic and ceremonial history. But they have also been used more pragmatically, for warding off negative elements, figurative and otherwise. During the Middle Ages and the early modern period, European women carried small, hand-held bouquets of fragrant blossoms and herbs called posies (also known as nosegays) to neutralize the odors of daily life and even, they believed, to protect against disease. “I wanted a mix of poisonous and fragrant flowers and plants. Basically, I was thinking about fighting poison with poison,” says [@DeborahNeedleman](#), a writer, craftsperson and contributing editor to T, who assembled the small bouquet pictured here. Click on the link in our bio to see several other contemporary takes on the [#posy](#), and to read the full story by [@AmandaFortini](#).

mostra tutti e 36 i commenti

https://www.nytimes.com/2020/04/30/t-magazine/milky-face-cleansers-tlist.html

6/6